

Art Therapy Workshop

for people working with clients on the Autistic Spectrum

The two-hour workshop will give you 'new tools' for further work with your clients on the Autistic Spectrum or with special needs. Your well being, fun and a lot of hands-on experiences are an important part of the workshop as well.

Art Therapy with children or adults on the Autistic Spectrum is not a "cure". The focus is on helping with the emotional and psychological development. Art making and the creative process are a potent form of communication and can help to find relief from overwhelming emotions. Spontaneity, curiosity and interaction can be explored in a safe environment. An integral part of Art Therapy is the relationship between the client and the therapist. Art Therapy can open up new ways to more self-acceptance and self-esteem.

Jacqueline Steudler is an experienced Art Therapist. She has worked in Switzerland for several years with groups and individuals, children and adults, with diverse needs. Lately she facilitated two workshops for teens at the Provincial Autism Centre, Halifax.

The workshop will be held at the Art Gallery of Nova Scotia, 1723 Hollis Street, Halifax

Thursday, 18th of May from 5.30 – 7.30pm

The cost for the two-hour workshop, inclusive material is \$ 35.00

For registration please contact Jacqueline Steudler at info@artjst.net or (902)861-2079